

---

TRIATHLON <sup>SPRINT</sup>  
EUROPEAN CUP  
KECSKEMÉT 2019  
ETU

# ATHLETE'S GUIDE

## 2019 Kecskemét ETU Sprint Triathlon European Cup

---

## TABLE OF CONTENTS

1. GENERAL INFORMATION
  - 1.1. INTRODUCTION
  - 1.2. KEY DATES
  - 1.3. KEY CONTACTS
  - 1.4. CONTACT DETAILS
  
2. VENUE
  - 2.1. RACE VENUE
  - 2.2. COURSE FAMILIARIZATION
  - 2.3. ATHLETE'S LOUNGE
  - 2.4. ELITE ATHLETES' RACE PACKAGE
  - 2.5. DOPING CONTROL
  - 2.6. LOC OFFICE
  
3. ACCOMMODATION
  
4. TRANSFER AND TRANSPORT
  
5. ATHELETE'S SERVICES
  - 5.1. SWIM AND BIKE TRAINING
  - 5.2. MEDICAL SERVICES
  - 5.3. BIKE MECHANICAL SERVICE
  
6. COMPETITION SCHEDULE
  - 6.1. ELITE WOMEN & ELITE MEN
  - 6.2. COMPETITION RULES
  - 6.3. ATHLETE'S BRIEFING
  - 6.4. TIMING CHIPS
  - 6.5. RESULTS
  - 6.6. PROTEST & APPEALS
  
7. ACCREDITATION
  
8. COURSE MAPS

## 1. GENERAL INFORMATION

### 1.1. INTRODUCTION

The City of Kecskemét is a very proud host of the Triathlon Sprint European Cup. We look forward to an awesome weekend and welcome the Elite athletes from Europe to our beautiful city. The LOC ensures that the information contained in this Guide is correct and up-to-date as of the production date.

### 1.2. KEY DATES

<b>Saturday 17<sup>th</sup> August</b>		
<b>8:00-17:00</b>	<b>LOC Information Desk open</b>	<b>Lake Vízmű, Hotel Sheraton</b>
<b>10:30-12:00</b>	<b>Athlete's lounge open</b>	<b>Lake Vízmű</b>
<b>11:00-11:30</b>	<b>Bike Familiarisation</b>	<b>Bike course</b>
<b>11:30-12:00</b>	<b>Swim Familiarisation</b>	<b>Lake Vízmű</b>
<b>10:30-12:00</b>	<b>Bike Mechanic Service</b>	<b>Lake Vízmű</b>
<b>16:00-16:45</b>	<b>Registration</b>	<b>Hotel Sheraton</b>
<b>17:00-18:00</b>	<b>Briefing</b>	<b>Hotel Sheraton</b>
<b>Immediately after the briefing</b>	<b>Elite race package pick-up</b>	<b>Hotel Sheraton</b>
<b>18:00</b>	<b>Pasta Party</b>	<b>Hotel Sheraton</b>

<b>Sunday 18<sup>th</sup> August</b>		
<b>8:00-15:00</b>	<b>LOC Information Desk open</b>	<b>Lake, Sheraton</b>
<b>8:15-9:30</b>	<b>Athletes' Lounge open Elite Women</b>	<b>Lake Vízmű</b>
<b>8:15-11:30</b>	<b>Athletes' Lounge open Elite Men</b>	<b>Lake Vízmű</b>
<b>8:00-11:30</b>	<b>Bike Mechanic Service</b>	<b>Lake Vízmű</b>
<b>8:30-9:30</b>	<b>Transition area open for bike check-in Elite Women &amp; Elite Men</b>	<b>Csabay Géza körút</b>
<b>8:55-9:40</b>	<b>Elite Women Swim warm-up</b>	<b>Lake Vízmű</b>
<b>9:45</b>	<b>Welcome words</b>	<b>Lake Vízmű</b>
<b>9:50</b>	<b>Elite Women representation</b>	<b>Lake Vízmű</b>
<b>10:00</b>	<b>Elite Women Start</b>	<b>Lake Vízmű</b>
<b>10:30-11:15</b>	<b>Elite Men Swim warm-up</b>	<b>Lake Vízmű</b>
<b>11:10-11:15</b>	<b>Transition area open, for last minute changes Elite Men</b>	<b>Csabay Géza körút</b>
<b>11:20</b>	<b>Elite Men representation</b>	<b>Lake Vízmű</b>
<b>11:30</b>	<b>Elite Men start</b>	<b>Lake Vízmű</b>
<b>13:15</b>	<b>Award Ceremony Elite Women&amp;Elite Men</b>	<b>Lake Vízmű</b>

### 1.3. KEY CONTACTS

**LOC Race Director: Skoff Gábor** ([skoff.gabor@trailzone.hu](mailto:skoff.gabor@trailzone.hu))

**Technical Delegate: Oliver Laaber** ([o.laaber@triathlon-austria.at](mailto:o.laaber@triathlon-austria.at))

### 1.4. CONTACT DETAILS

**LOC Race Director: Skoff Gábor** ([skoff.gabor@trailzone.hu](mailto:skoff.gabor@trailzone.hu)); phone: +36/30 152 5921

**LOC address:** Balatoni Úszóiskola Kft. 8630 Balatonboglár, Dózsa György utca 37.

## 2. VENUE

### 2.1. RACE VENUE

Comprising all the beauties and values of the Great Plain, Kecskemét is situated in the middle of Hungary, 85km far from Budapest. It is the 7th largest town of Hungary with the area of 321 km<sup>2</sup> and the population over 112,000. This town is well-known for its Apricot Pálinka, the beautiful buildings of Art Nouveau style ornamented with coloured ceramics, and also the "Kodály-method" named after Zoltán Kodály the world-famous composer who was born in Kecskemét. The seat of Bács-Kiskun county is usually called "Hírös Town" as Sándor Petőfi, the great Hungarian poet would call it. The name Kecskemét originates from the word "kecske" - meaning goat, and "mét" - meaning district.

Thanks to its favourable geographical position Kecskemét has always been the meeting point of different religions, cultures and traders of all nationalities. The city was founded at the cross-roads of ancient trading routes. In 1368 it was identified as a market-town in a charter of King Anjou Louis the Great, so Kecskemét celebrates its 650th anniversary this year with a series of programs all through the year. The development of gardening, wine-growing viticulture and fruit-growing all have led to the development of the city. The most famous product of the town is Apricot Pálinka, which is made of special tasty apricots. The cultivation of the characteristic fruit of the region started more than 100 years ago.

Kecskemét is the native town of József Katona, the author of the Hungarian national drama, and Zoltán Kodály, the world-famous composer, expert of music pedagogy, musicologist, and researcher of folk music. He founded the first primary music school of the country in Kecskemét, which bears the name of the master and has become world-famous together with the Zoltán Kodály Institute of Music Pedagogy.

Due to its advantageous geographical location Kecskemét has developed into the economic, administrative, educational, and cultural centre of the region. It hosts several institutions of fine art, unique collections, and renowned festivals.

The race venue is in the Benkó Zoltán leisure center:



## 2.2 COURSE FAMILIARISATION

The Course familiarisation takes place on 17.8.2019. The bike course familiarisation starts at 11:00am. The swim course familiarisation starts at 11:30am, directly after the bike fam. is done. Meeting point for the bike familiarisation is transition zone. Meeting point for the swim familiarisation is the pontoon on the swim start.

## 2.3. ATHLETE'S LOUNGE

Facilities including the 'Athletes' Lounge Area' and toilets are provided for the athletes at the start and a recovery area is available at the finish area (Lake Vízmű). Sealed bottles of water, fruit, snacks and energy bars sponsored by HIGH5 will be offered to the athletes before and after the race in the Athletes' Lounges and recovery areas. The LOC provides massage for the athletes after the race in the recovery zone.

### ATHLETES' LOUNGE OPENING TIMES:

*Saturday, 17.8.2019:*

*10:30-12:00 (bike & swim familiarisation)*

*Sunday, 18.8.2019:*

*Elite Women's Race: 8:15-9:30*

*Elite Men's Race: 8:15 – 11:30*

#### 2.4. ELITE ATHLETES' RACE PACKAGE

The athletes' race packages will be distributed only after the athletes' briefing on Saturday, 17. 8.2019.

#### 2.5. DOPING CONTROL

The doping control will be located in the Lake Vízmű. Doping tests will be conducted according to ITU/WADA rules. The athletes must carry their identification to the doping control facilities.

#### 2.6. LOC OFFICE

The LOC office and information centre will be located at the Lake Vízmű. It is open on 17<sup>th</sup>-18<sup>th</sup> August. Opening Hours: 8:00 - 17:00

### 3. ACCOMMODATION

Official Race Hotel:

Four Points Sheraton Hotel Kecskemét, Izsáki út 6.

Accommodation options:

Három Gúnár Hotel: Kecskemét, Batthyányi u. 1-7

phone: +36-76-483-611

email: [info@haromgunar.hu](mailto:info@haromgunar.hu)

Arany Homok Hotel Kecskemét, Kossuth L. 3.

Phone: +36-76-503-730

email: [hotel@hotelaranyhomok.hu](mailto:hotel@hotelaranyhomok.hu)

Centrál Hotel Kecskemét, Kisfaludy u. 10.

phone: 36-76-222-444

email: [info@hotelcentralpassage.hu](mailto:info@hotelcentralpassage.hu)

Butik Hotel Center Kecskemét, Arany J. u. 3.

phone: +36-76-222-555

email: [info@boutiquehotelcenter.hu](mailto:info@boutiquehotelcenter.hu)

Neumann János Dormatory Kecskemét Homokeszem utca 3-5.

Information: this is the cheapest place HUF 3.000,-/person/night including taxes; 200 free beds)

phone: +36 76 514-763, +36 20 239-0759

web: [www.uni-neumann.hu](http://www.uni-neumann.hu)

Contact person: Mr. Róza Károly

#### 4. TRANSFER AND TRANSPORT

Closest airport: Budapest-Ferihegy, Liszt Ferenc Airport (80km from Kecskemét)

Travel options to Kecskemét: Please find the transfer companies and contacts from Kecskemét

**Bekő Tours Kft.**

Kecskemét, Énekes u. 136.  
phone: +36 6-76/493 - 407  
mobile: +36 6-30/93-89-802  
email: [bekotours@bekotours.hu](mailto:bekotours@bekotours.hu)

**Füredi Busz Kft.**

Füredi Erika  
Kecskemét, Izsáki út 2/a.  
phone: +36 6-76/494-382  
email: [furedi.erika@gmail.com](mailto:furedi.erika@gmail.com)

**Kádár Kft.**

Kádár László ügyvezető  
6034 Helvécia, Gazdasági dűlő 11.  
phone: +36 06-76/423-824  
mobile: +36 6-30/92-44-890  
email: [kadar@kadarkft.hu](mailto:kadar@kadarkft.hu)

In order to organize your booked transfer as smooth as possible, the companies need the following information:

- arrival time
- arrival airport
- flight number
- number of people
- number of bikes

## 5. ATHLETE'S SERVICES

### 5.1. TRAINING FACILITIES



#### SWIM

Kecskeméti Fürdő, Csabay Géza körút 5.

Information: 3 lines booked for the athletes from Friday, 16.8.2018 and Saturday, 17.8.2019, 7:00-10:00CET free of charge, with one guide.



#### BIKE

Safe bike locations around the city. Please have in mind, that the roads are not closed, if you are going by your own. The roads are closed only for the official bike fam.



#### RUN

You simply can run through the city of Kecskemét or around the lake, which is a safe place. There are plenty of parks around.

### 5.2. MEDICAL SERVICES

Emergency Medical Services will be available at the registration area before and during the training sessions and during the race. There will be 3 First Aid around the Lake Vízmű. Medical personnel will be available throughout the race. Several ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site at the finish area. Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants. Athletes/teams should make sure that they have appropriate medical insurance. The closest hospital: Bács-Kiskun Megyei Kórház, 6000 Kecskemét, Nyíri út 38. (300m from the Race Venue)

### 5.3. BIKE MECHANICAL SERVICE

At Lake Vízmű, next to the athletes lounge on Saturday, 17.8.2019 from 10:00-12:00 and Sunday, 18.8.2019 from 7:00-11:00.

## 6. COMPETITION SCHEDULE

### 6.1. ELITE WOMEN & MEN

DAY	START	END	ACTIVITY	LOCATION
Saturday	16:00	16:45	Elite athletes' registration	Hotel Sheraton
Saturday	17:00	18:00	Elite athletes' briefing	Hotel Sheraton
Saturday	immediately after the briefing		Elite athletes' race package pick-up	Hotel Sheraton

DAY	START	END	ACTIVITY	LOCATION
Sunday	8:15	9:30	Elite Women athletes' lounge check in	Lake Víz mú
Sunday	8:15	11:30	Elite Men athletes' lounge check in	Lake Víz mú
Sunday	8:30	9:30	Elite Women&Men TA bike check in	Csabay Géza körút
Sunday	8:50	9:40	Elite Women swim warm-up	Lake Víz mú
Sunday	9:50	10:00	Elite Women athletes introduction	Lake Víz mú
Sunday	10:00		Elite Women's Start	Lake Víz mú
Sunday	10:30	11:15	Elite Men swim warm-up	Lake Víz mú
Sunday	11:10	11:15	Transition area open, for last minute changes Elite Men	Csabay Géza körút
Sunday	11:20	11:30	Elite Men introduction	Lake Víz mú
Sunday	11:30		Start Elite Men	Lake Víz mú
Sunday	13:15		Award Ceremony Elite Women&Men	Lake Víz mú

## 6.2. COMPETITION RULES

The event will follow the latest published Competitions Rules of the International Triathlon Union.

## 6.3. ELITE ATHLETE'S BRIEFING & REGISTRATION

Registration: Saturday, 17.8.2019, 16:00 – 16:45, Hotel Sheraton

Briefing: Saturday, 17.8.2019, 17:00, Hotel Sheraton

## 6.4. TIMING CHIPS

On race day (in the athletes' lounge), the athletes will be given a timing chip, to be worn on the athletes' ankle.

## 6.5. RESULTS

Results will be uploaded live at the ITU official website [www.triathlon.org](http://www.triathlon.org).

All the Results information will be distributed to the team leaders at the information centre at Lake Vízmű.

## 6.6. PROTEST & APPEALS

Standard procedures will be followed according to the ITU Competition Rules

## 7. ACCREDITATION

The LOC will provide to all the organizing committee members, ITU technical officials, athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official accreditation card.

Only accredited people will be allowed to access certain venue areas. Accreditation cards provide access to specific areas of the competition areas.

All accredited people are requested to carry their accreditation cards with them at all times and to show them upon request. accreditation cards are mandatory to enter the venue.

8. COURSE MAPS

 SWIM COURSE

Swim start: beach start

Number of laps: 1 lap á 750,54m); 1<sup>st</sup> buoy approx. 200m

Average water temperature: 24°C

Description: anti-clockwise



**TRANSITION 1**

A flow through transition has been developed to keep athletes moving forward. Athletes enter the transition and must deposit swim gear in the box placed beside the bike racks. Athletes' names and/or numbers are displayed on the top of each bike rack. After the helmet is secure, athletes unrack the bike by moving forward into the centre lane and towards the mount line.

 **BIKE COURSE**

Number of laps: 3 laps in total of 19,53km (1 lap á 6,51km)

Description: flat and technical course.



## TRANSITION 2

Dismount before the dismount line.

### RUN COURSE

Number of laps: 3 laps in total of 4,92km (1 lap á 1,64km)

Description: flat and technical



The LOC and the ETU wishes **GOOD LUCK** to all the athletes'!

Az LOC és az ETU jó szerencsét kíván minden sportolónak!