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|----------|-------------|-------------|------------------|--------|-----------|-------------|------|------|-----------|
| Data: | 12-04-2014 | Hora: | 13h45 | Local: | Quarteira | | | | |
| Swim | 1.500 mt | Transition: | 0 mt | Bike: | 40.000 mt | Transition: | 0 mt | Run: | 10.000 mt |
| Ranking: | Elite Women | | Hora de Partida: | | 00h00 | | | | |

| Lu | Dors | Lic | Nome | PEN | Escal | Nome de clube | P | Swim | P | Transiti | P | Bike | P | Transiti | P | Run | Total | Diff |
|----|------|-----|------------------------|-----|-------|---------------|----|----------|----|----------|----|----------|----|----------|----|----------|----------|----------|
| 1 | 2 | | Agnieszka Jerzyk | - | SEN | POL | 18 | 00:20:47 | 3 | 00:01:15 | 1 | 01:03:29 | 11 | 00:00:27 | 1 | 00:36:40 | 02:02:39 | |
| 2 | 6 | | Emmie Charayron | - | SEN | FRA | 14 | 00:20:40 | 1 | 00:01:13 | 3 | 01:03:36 | 10 | 00:00:27 | 3 | 00:37:05 | 02:03:03 | 00:00:24 |
| 3 | 3 | | Katrien Verstuyft | - | SEN | BEL | 15 | 00:20:43 | 11 | 00:01:18 | 2 | 01:03:32 | 1 | 00:00:23 | 6 | 00:37:22 | 02:03:20 | 00:00:40 |
| 4 | 4 | | Margit Vanek | - | SEN | HUN | 4 | 00:19:31 | 15 | 00:01:19 | 11 | 01:04:42 | 23 | 00:00:31 | 5 | 00:37:17 | 02:03:21 | 00:00:42 |
| 5 | 15 | | Liubov Polyanskaya | - | SEN | RUS | 5 | 00:20:05 | 29 | 00:01:23 | 10 | 01:04:05 | 15 | 00:00:28 | 7 | 00:37:26 | 02:03:29 | 00:00:50 |
| 6 | 5 | | Anne Tabarant | - | SEN | FRA | 2 | 00:19:30 | 14 | 00:01:18 | 13 | 01:04:43 | 7 | 00:00:27 | 8 | 00:38:19 | 02:04:19 | 00:01:39 |
| 7 | 44 | | Holly Lawrence | - | SEN | GBR | 7 | 00:20:18 | 27 | 00:01:23 | 7 | 01:03:48 | 26 | 00:00:31 | 10 | 00:38:20 | 02:04:21 | 00:01:42 |
| 8 | 17 | | Magdalena Mielnik | - | SEN | POL | 8 | 00:20:19 | 25 | 00:01:22 | 6 | 01:03:47 | 12 | 00:00:27 | 12 | 00:38:50 | 02:04:47 | 00:02:07 |
| 9 | 18 | | Charlotte Deldaele | - | SEN | BEL | 10 | 00:20:26 | 6 | 00:01:15 | 5 | 01:03:46 | 17 | 00:00:28 | 18 | 00:40:13 | 02:06:11 | 00:03:32 |
| 10 | 28 | | Melanie Santos | - | SEN | POR | 9 | 00:20:20 | 28 | 00:01:23 | 8 | 01:03:52 | 5 | 00:00:26 | 17 | 00:40:12 | 02:06:14 | 00:03:35 |
| 11 | 7 | | Daria Pletikapa | - | SEN | CRO | 11 | 00:20:31 | 5 | 00:01:15 | 4 | 01:03:44 | 2 | 00:00:25 | 19 | 00:40:25 | 02:06:23 | 00:03:43 |
| 12 | 10 | | Maria Ortega De Miguel | - | SEN | ESP | 6 | 00:20:14 | 20 | 00:01:21 | 9 | 01:04:01 | 8 | 00:00:27 | 21 | 00:40:36 | 02:06:40 | 00:04:00 |
| 13 | 45 | | Jessica Learmonth | - | SEN | GBR | 1 | 00:19:27 | 21 | 00:01:21 | 12 | 01:04:42 | 14 | 00:00:28 | 23 | 00:41:20 | 02:07:21 | 00:04:41 |
| 14 | 23 | | Leonie Periault | - | SEN | FRA | 21 | 00:21:16 | 8 | 00:01:16 | 23 | 01:07:29 | 22 | 00:00:30 | 2 | 00:36:55 | 02:07:28 | 00:04:49 |
| 15 | 30 | | Sara Bonilla Bernardez | - | SEN | ESP | 29 | 00:21:40 | 7 | 00:01:16 | 18 | 01:07:03 | 16 | 00:00:28 | 4 | 00:37:16 | 02:07:44 | 00:05:05 |
| 16 | 14 | | Anna Godoy Contreras | - | SEN | ESP | 3 | 00:19:31 | 10 | 00:01:18 | 14 | 01:04:45 | 25 | 00:00:31 | 25 | 00:41:47 | 02:07:54 | 00:05:14 |
| 17 | 16 | | Miriam Casillas Garcia | - | SEN | ESP | 22 | 00:21:17 | 4 | 00:01:15 | 22 | 01:07:22 | 6 | 00:00:26 | 9 | 00:38:19 | 02:08:42 | 00:06:03 |
| 18 | 22 | | Ewa Komander | - | SEN | POL | 27 | 00:21:38 | 26 | 00:01:22 | 16 | 01:06:55 | 30 | 00:00:34 | 13 | 00:39:03 | 02:09:34 | 00:06:55 |
| 19 | 31 | | Caroline Lopez | - | SEN | FRA | 13 | 00:20:40 | 32 | 00:01:25 | 27 | 01:07:54 | 27 | 00:00:32 | 14 | 00:39:44 | 02:10:16 | 00:07:37 |
| 20 | 26 | | Seonaid Thompson | - | SEN | GBR | 19 | 00:21:00 | 18 | 00:01:19 | 26 | 01:07:35 | 32 | 00:00:39 | 15 | 00:39:54 | 02:10:29 | 00:07:50 |
| 21 | 35 | | Katie Syngé | - | SEN | GBR | 25 | 00:21:32 | 12 | 00:01:18 | 19 | 01:07:05 | 13 | 00:00:27 | 20 | 00:40:28 | 02:10:52 | 00:08:12 |
| 22 | 21 | | Fanny Beisaron | - | SEN | ISR | 24 | 00:21:27 | 16 | 00:01:19 | 20 | 01:07:14 | 18 | 00:00:29 | 24 | 00:41:34 | 02:12:05 | 00:09:25 |
| 23 | 20 | | Lisa Schanung | - | SEN | ITA | 17 | 00:20:45 | 17 | 00:01:19 | 15 | 01:06:39 | 9 | 00:00:27 | 29 | 00:43:10 | 02:12:21 | 00:09:42 |
| 24 | 27 | | Ana Ramos | - | SEN | POR | 23 | 00:21:22 | 19 | 00:01:19 | 21 | 01:07:17 | 4 | 00:00:26 | 26 | 00:41:55 | 02:12:22 | 00:09:42 |
| 25 | 32 | | Ana Mariblanca Juanas | - | SEN | ESP | 20 | 00:21:12 | 13 | 00:01:18 | 24 | 01:07:31 | 3 | 00:00:26 | 27 | 00:42:16 | 02:12:45 | 00:10:05 |
| 26 | 19 | | Kaidi Kivioja | - | SEN | EST | 28 | 00:21:39 | 23 | 00:01:22 | 30 | 01:08:27 | 28 | 00:00:33 | 22 | 00:41:00 | 02:13:02 | 00:10:23 |
| 27 | 38 | | Karlijn Van Der Burg | - | SEN | NED | 26 | 00:21:35 | 31 | 00:01:24 | 17 | 01:06:57 | 21 | 00:00:30 | 30 | 00:43:59 | 02:14:27 | 00:11:47 |
| 28 | 42 | | Katarina Larsson | - | SEN | POR | 30 | 00:22:35 | 30 | 00:01:24 | 25 | 01:07:32 | 31 | 00:00:38 | 28 | 00:42:56 | 02:15:06 | 00:12:26 |
| 29 | 39 | | Andreia Ferrum | - | SEN | POR | 16 | 00:20:45 | 9 | 00:01:17 | 28 | 01:07:58 | 24 | 00:00:31 | 31 | 00:44:46 | 02:15:19 | 00:12:39 |

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|----------|-------------|-------------|------------------|--------|-----------|-------------|------|------|-----------|
| Data: | 12-04-2014 | Hora: | 13h45 | Local: | Quarteira | | | | |
| Swim | 1.500 mt | Transition: | 0 mt | Bike: | 40.000 mt | Transition: | 0 mt | Run: | 10.000 mt |
| Ranking: | Elite Women | | Hora de Partida: | 00h00 | | | | | |

| Lu | Dors | Lic | Nome | PEN | Escal | Nome de clube | P | Swim | P | Transiti | P | Bike | P | Transiti | P | Run | Total | Diff |
|----|------|-----|----------------------|-----|-------|---------------|----|----------|----|----------|----|----------|----|----------|----|----------|----------|----------|
| 30 | 34 | | Elysia Ridley | - | SEN | GBR | 32 | 00:24:24 | 2 | 00:01:14 | 31 | 01:10:33 | 20 | 00:00:30 | 11 | 00:38:47 | 02:15:30 | 00:12:50 |
| 31 | 40 | | Ana Filipa Santos | - | SEN | POR | 31 | 00:23:51 | 22 | 00:01:22 | 32 | 01:10:59 | 19 | 00:00:30 | 16 | 00:39:58 | 02:16:42 | 00:14:02 |
| 32 | 43 | | Anna Flaquer | - | SEN | ESP | 12 | 00:20:38 | 24 | 00:01:22 | 29 | 01:07:58 | 29 | 00:00:33 | 32 | 00:47:40 | 02:18:14 | 00:15:35 |
| | 36 | | Laura Gomez Ramon | DQ | SEN | ESP | | 00:22:49 | | 00:01:27 | | 01:07:13 | | | | | | - |
| | 1 | | Mateja Simic | DNF | SEN | SLO | | 00:20:21 | | 00:01:21 | | | | | | | | - |
| | 9 | | Elena Maria Petrini | DNF | SEN | ITA | | 00:20:20 | | 00:01:23 | | 01:03:49 | | 00:00:28 | | | | - |
| | 11 | | Paulina Kotfica | DNF | SEN | POL | | 00:20:48 | | 00:01:20 | | 01:06:37 | | 00:00:27 | | | | - |
| | 12 | | Melina Alonso | DNF | SEN | ESP | | 00:21:18 | | 00:01:13 | | 01:07:24 | | 00:00:28 | | | | - |
| | 24 | | Agnieszka Cieslak | DNF | SEN | POL | | 00:21:06 | | 00:01:21 | | 01:07:30 | | 00:00:33 | | | | - |
| | 29 | | Hannah Drewett | DNF | SEN | GBR | | 00:20:19 | | 00:01:20 | | | | | | | | - |
| | 41 | | Emma Sharkey | DNF | SEN | IRL | | 00:21:38 | | 00:01:20 | | | | | | | | - |
| | 46 | | Liliana Alexandre | DNF | SEN | POR | | 00:20:21 | | 00:01:27 | | | | | | | | - |
| | 8 | | Tamara Gomez Garrido | DNS | SEN | ESP | | | | | | | | | | | | - |
| | 25 | | Emma Pallant | DNS | SEN | ITU | | | | | | | | | | | | - |
| | 33 | | Eloise Crowley | DNS | SEN | GBR | | | | | | | | | | | | - |
| | 37 | | Hee Ju Kim | DNS | SEN | KOR | | | | | | | | | | | | - |
| | 47 | | Ine Couckuyt | DNS | SEN | BEL | | | | | | | | | | | | - |